

## Guideline 11: Family dominance

### Specific strategies

Identify unhealthy dominance by family members



- Be aware of verbal and non-verbal signs of unwanted dominance
- Ask the patient (alone) what their preferences for family involvement are

Address and contain dominant family members



- Explicitly emphasise the need to hear and heed the patient's thoughts and feelings
- Acknowledge the value of carer support and involvement
- Clarify useful roles the carer can undertake in the consultation, without being dominant