

## Part 4: Preparing for consultations

### Prepare questions:

- You can help the patient to prepare a list of questions to ask the health professional.
- Having a list of questions will assist you and the patient to make the most of the limited time you have in a consultation.
- It is a good idea to discuss with the patient which questions are most important to them, and put these questions at the top of the list
- There may be information that you as the primary carer need to know, and this can also be included on the list.

i *The optional activity below can help you to build a question list to bring to your family member's next consultation. Click the button to start the activity.*

