

Resource List

Topic 1: A multidisciplinary approach

Slide: Additional resources for health professionals

- [Webinars for health professionals](#) – Australian Cancer Survivorship Centre in collaboration with many leading organisations to deliver survivorship-related webinars.
- [Allied Health Professions Australia](#) National peak body listing a range of allied health professionals with links and guidance on how to locate and refer to these services

Topic 2: Supportive care and assessing the needs of survivors

Slide: Patient-reported outcome measures (PROMs)

- [Distress Thermometer and Problem List](#) (National Comprehensive Cancer Network, US)
- [Translated Distress Thermometer and Problem List](#) (National Comprehensive Cancer Network, US)
- [Edmonton Symptom Assessment System - revised](#) (Regional Palliative Care Program, Capital Health, CA)
- [Development and validation of the Short-Form Survivor Unmet Needs Survey \(SF-SUNS\) \(2014\)](#) (article)
- [The Survivors Unmet Needs Survey \(SUNS\) for haematological cancer survivors: A cross-sectional study assessing the relevance and psychometric properties \(2014\)](#) (article)
- [The development and evaluation of a measure to assess cancer survivors' unmet supportive care needs: The CaSUN \(Cancer Survivors' Unmet Needs Measure\) \(2007\)](#) (article)
- [Supportive Care Needs Survey: A guide to administration, scoring and analysis \(2004\)](#) (report)

Slide: Activity: Implementing patient-reported outcome measures (PROMs)

- [A rapid review of needs assessment tools for post-treatment cancer survivors \(2018\)](#) (article)
- [Needs Assessment for Cancer Survivors: Toolkit \(2016\)](#) (Australian Cancer Survivorship Centre) Outlines the importance of needs assessments, delivery and implementation, and an overview of tools

Slide: Referrals: Tools and guidelines for focused assessment of survivorship needs

- [Hospital and Anxiety Depression Scale](#) (article)
- [Screening, assessment and management of fatigue in adult survivors of cancer](#) (article)
- [Clinical Practice Guidelines in Oncology: Cancer-Related Fatigue \(NCCN\)](#) (guideline)
- [The Brief Fatigue Inventory](#) (MD Anderson Cancer Centre) (tool)
- [Fatigue Numeric Rating Scale](#) (article)
- New Energy clinical toolkit including screening tool (Peter Mac) email: AlliedHealthEducation@petermac.org to access toolkit
- [Recommendations for the identification and management of fear of cancer recurrence in adult cancer survivors](#) (Cancer Australia) (guideline)
- [Concerns about Recurrence Questionnaire \(CARQ\)](#) (article)

- [Malnutrition Screening tool](#) (Peter Mac)
- [The CanEat Pathway](#) (Peter Mac) (guide)
- [Diagnosing Menopause Symptom score sheet](#) (Australian Menopause Society) (tool)
- [Brief Pain Inventory](#) (MD Anderson Cancer Centre) (tool)
- [Female Sexual Function Index](#) (tool)
- [PROMIS Sexual Function and Satisfaction v2.0 Brief Profile \(Male\)](#) (tool)
- [PROMIS Short Form – Sleep Disturbance 8a](#) (tool)
- [Pittsburgh Sleep Quality Index \(PSQI\)](#) (tool)
- [HOPE Questions](#) (article)

Slide: Additional resources for health professionals

- [Needs Assessment for Cancer Survivors: Toolkit](#) (2016) (Australian Cancer Survivorship Centre) Outlines the importance of needs assessments, delivery and implementation, and an overview of tools
- [Optimal Care Pathways](#) Recommendations for optimal cancer care from prevention and early detection to end-of-life care
- [A rapid review of needs assessment tools for post-treatment cancer survivors](#) (2018) (article)
- [Identifying the most prevalent unmet needs of cancer survivors in Australia: A systematic review](#) (2019) (article)
- [Introduction to Supportive Care in Cancer](#) (eviQ Education) A 30-minute module outlining supportive care needs, implementing supportive care, domains and clinical standards of supportive care
- [Cancer Council 13 11 20](#) A free, confidential telephone information and support service; can advise on services and resources in different areas
- [WeCan](#) Cancer supportive care site linking to resources and support services for common concerns and various cancer types, including Distress Thermometer
- [Common Survivorship Issues Directory](#) (Australian Cancer Survivorship Centre) Information, resources and guidance documents
- [Community support organisations](#) (Australian Cancer Survivorship Centre) List of cancer specific non-government organisations that provide information, support and resources.

Topic 3: Primary care

Slide: Recognising the role of primary care in cancer survivorship

- [Find a GP](#) (healthdirect)

Slide: Additional resources for health professionals

- [The role of primary care in cancer survivorship](#) (Australian Cancer Survivorship Centre) Three types of videos, for survivors, hospital-based health professionals and general practice staff

- [Survivorship care in general practice: Supporting patients to live well](#) (Australian Cancer Survivorship Centre) (fact sheet)
- [Shared care guidance summary version](#) and [Shared care guidance full version](#) (Australian Cancer Survivorship Centre)
- Department of Health webpages:
 - [Chronic disease management – GP services](#)
 - [Chronic disease management – Allied health individual services](#)
 - [GP Mental Health Treatment Medicare items](#)
 - [Health assessment for people aged 75 years and older](#)

Topic 4: Community-based services

Slide: Cancer-specific non-government organisations

- [Community support organisations](#) (Australian Cancer Survivorship Centre) List of cancer specific non-government organisations that provide information, support and resources.
- [Cancer Council Australia](#)
- [Cancer Voices Australia](#)
- [Prostate Cancer Foundation of Australia](#)
- [Bowel Cancer Australia](#)
- [Breast Cancer Network Australia](#)
- [Lung Foundation Australia](#)
- [Melanoma Patients Australia](#)

Slide: Cancer Council Australia

- Cancer Council state and territory-based organisations:
 - [Cancer Council Victoria](#)
 - [Cancer Council New South Wales](#)
 - [Cancer Council Western Australia](#)
 - [Cancer Council Queensland](#)
 - [Cancer Council South Australia](#)
 - [Cancer Council Tasmania](#)
 - [Cancer Council ACT](#)
 - [Cancer Council Northern Territory](#)
- [Cancer Council 13 11 20](#) Nationwide free, confidential telephone information and support service, designed to complement care. It is run by Cancer Councils in each state; in some states, it is managed by trained cancer nurses.
- [Cancer Connect](#) (Cancer Council) Peer support phone service that connects someone who has cancer with a trained volunteer who has had a similar cancer diagnosis and experience.
- [Cancer Wellness Program](#) (Cancer Council Victoria) Wellness program for people affected by cancer in Victoria.
- [Clinical Guidelines Network platform](#) (Cancer Council Australia) Clinical guidelines and prevention policies

Slide: The role of NGOs in supporting cancer survivors

- Community Support Organisations' Cancer Survivorship Care Consensus Statement (2020) (Australian Cancer Survivorship Centre)