

Resource List

Topic 1: Defining cancer survivorship and survivorship care

Slide: What is cancer survivorship care?

- [From cancer patient to cancer survivor: Lost in transition](#) (Institute of Medicine report)

Topic 2: Survivorship statistics

Slide: Survival by cancer type

- [Australian Institute of Health and Welfare](#): Most up-to-date Australian cancer data

Topic 3: The experience of living with and beyond cancer

Slide: Common issues

- [Common Survivorship Issues Directory](#) (Australian Cancer Survivorship Centre) Information, resources and guidance documents for survivors, carers and health professionals

Slide: Treatment-related side effects

- [Treatment-specific side effect and toxicity assessment and management protocols](#) (eviQ Education)
- [Understanding chemotherapy](#) (Cancer Council) Booklet
- [Understanding radiation therapy](#) (Cancer Council) Booklet
- [Understanding surgery](#) (Cancer Council) Booklet
- [Hormone therapy](#) (Cancer Council) Webpage
- [Understanding targeted therapy](#) (Cancer Council) Booklet
- [Understanding immunotherapy](#) (Cancer Council) Booklet

Slide: Additional resources

- [A common path: Life after cancer](#) (North Eastern Melbourne Integrated Cancer Service) A 20-minute video exploring the experiences of cancer survivors
- [Survivor stories](#) (Australian Cancer Survivorship Centre) As told by cancer survivors
- [Common Survivorship Issues Directory](#) (Australian Cancer Survivorship Centre) Information, resources and guidance documents for survivors, carers and health professionals
- [Late effects of cancer treatments: Overview](#) (Australian Cancer Survivorship Centre factsheet) A two-page fact sheet for health professionals
- [Cancer Council 13 11 20](#) A free, confidential telephone information and support service; also offers support programs and services, resources and an online community
- [WeCan](#) Cancer supportive care site linking to resources and support services for common concerns and various cancer types
- [Optimal Care Pathways](#) Recommendations for optimal cancer care from prevention and early detection to end-of-life care
- [Community support organisations](#) (Australian Cancer Survivorship Centre) List of cancer specific non-government organisations that provide information, support and resources.

Topic 4: Key population groups and considerations for survivorship

Children, 0 – 14 years

Slide: Resources for health professionals

- Late complications of childhood cancer (Victorian Paediatric Integrated Cancer Service videos) Eight short videos discuss complications and considerations for childhood cancer survivors
- Exercise training in childhood cancer: A systematic review and meta-analysis of randomized controlled trials
- Central nervous system (CNS) tumours in children and adolescents (eviQ Education) A 30minute module discussing types of CNS tumours, signs and symptoms, diagnosis, treatment and side effects of disease and treatment
- Life during and after childhood cancer (Cancer Council) Discusses effects such as nutrition, pain, fatigue, after-treatment considerations, practical issues and late effects
- Victorian Paediatric Integrated Cancer Service
- Australian and New Zealand Children's Haematology and Oncology Group

Slide: Resources and support for children and families

- Learning curve: education and socialisation after childhood cancer (Paediatric Integrated Cancer Service) Booklets for children, parents and teachers:
 - Preschool (kindergarten to prep)
 - Primary to early secondary school
 - Senior secondary school
- Redkite Provides essential support to children with cancer and their families from diagnosis to end of treatment through information, counselling, financial assistance, group support, support in hospitals
- Cancer Council 13 11 20 A free, confidential telephone information and support service; also offers support programs and services, resources and an online community
- Camp Quality Offers services and programs for children aged 0–13 who have been diagnosed with cancer, including support at home, in schools and in hospitals
- Carers Australia The national peak body representing unpaid carers, working to improve the health, wellbeing, resilience and financial security of carers
- Children's Cancer and Leukaemia Group (UK) Booklets and resources to support children, parents and families

Topic 4: Key population groups and considerations for survivorship

Adolescents and young adults, 15 – 24 years

Slide: The experience of a young person with cancer

- What's your new normal? (CanTeen) Short video of a young person's experience after cancer treatment.

Slide: Resources for health professionals

- [Adolescent and young adult cancer care](#) (eviQ Education) A free course for nurses comprising four 30-minute modules on topics such as youth-focused consultations, and psychological and social support
- [Postgraduate certificate in adolescent health and wellbeing \(oncology\)](#) (University of Melbourne) A multidisciplinary online course that can be completed in one year – scholarships may be available
- [CanTeen Australia](#) A national support organisation for young people living with cancer or whose parents or carers have cancer; also provides information for health professionals
- [COSA Adolescent and Young Adult Group](#)

Slide: Resources and support for young people

- [CanTeen Australia](#) A national support organisation for young people living with cancer or whose parents or primary carers have cancer; also provides information for health professionals
- [Cancer Council 13 11 20](#) A free, confidential telephone information and support service; also offers support programs and services, resources and an online community
- [Youth Cancer Services](#) Multidisciplinary teams providing specialised treatment and support services for young people with cancer located in major hospitals throughout Australia
- [The Christina Ghobadi Foundation](#) A cancer charity offering wellness grants up to \$500 for young people living with or recovering from cancer
- [Headspace](#) The national foundation providing early intervention mental health services to young people aged 12–25 years, along with assistance in promoting young people's wellbeing

Topic 4: Key population groups and considerations for survivorship**Older adults****Slide: Considerations for working with older cancer survivors**

- [Practical assessment and management of vulnerabilities in older patients receiving chemotherapy: ASCO Guideline for Geriatric Oncology \(2018\)](#) (article)

Slide: Resources for health professionals

- [Cancer and the Older Person](#) (Victorian Comprehensive Cancer Centre) A four-week, part-time open online course for GPs, nurses and allied health professionals in the field, as well as family members and carers of older people with a cancer diagnosis.
- [Introduction to supportive care in cancer](#) (eviQ Education) A 30-minute module outlining supportive care needs, implementing supportive care, domains and clinical standards of supportive care
- [Malnutrition](#) (eviQ Education) A 30-minute module suitable for clinicians working in acute, primary care and community services
- [COSA Geriatric Oncology Group](#)
- [International Society of Geriatric Oncology](#)
- [ASCO Geriatric Oncology Updates](#)

Slide: Resources and support services for older cancer survivors

- [Cancer Council 13 11 20](#) A free, confidential telephone information and support service; also offers support programs and services, resources and an online community
- [Community support organisations](#) (Australian Cancer Survivorship Centre) List of cancer specific non-government organisations that provide information, support and resources.
- [Carers Australia](#) The national peak body representing unpaid carers, working to improve the health, wellbeing, resilience and financial security of carers
- [Advance Care Planning Australia](#) A national program that provides information and resources to individuals, care workers and health professionals to improve advance care planning

Topic 4: Key population groups and considerations for survivorship**Indigenous Australians****Slide: Key statistics – continued**

- [Australian Institute of Health and Welfare](#) Comparison data between Indigenous and non-Indigenous Australians

Slide: Improving the experience

- [Optimal Care Pathway](#) Aboriginal and Torres Strait Islander people with cancer

Slide: Activity: Case study

- [Never good news](#) (Australian Cancer Survivorship Centre) James Williams' survivor story

Slide: Resources for health professionals

- [Optimal Care Pathway: Aboriginal and Torres Strait Islander people with cancer](#)
- [Guide to implementing the Optimal Care Pathway for Aboriginal and Torres Strait Islander people with cancer](#) (Cancer Australia)
- [Aboriginal and Torres Strait Islander cultural competence course](#) (Centre for Cultural Competence Australia) Includes three online modules, taking approximately 10 hours to complete (consider online training as a precursor to a face-to-face training)
- [Aboriginal communities](#) (Cancer Council Victoria) Information on support services, prevention programs, resources and fact sheets
- [Introduction to supportive care in cancer](#) (eviQ) A 30-minute course outlining supportive care needs, implementing supportive care, domains and clinical standards of supportive care

Slide: Resources and support services for Indigenous cancer survivors

- [Aboriginal cancer journeys, our stories of kinship, hope and survival](#) (Cancer Council) Includes stories, experiences and interviews with Indigenous Australians who have had cancer
- [Aboriginal communities](#) (Cancer Council Victoria) Information on support services, prevention programs, resources and fact sheets
- [Cancer Council 13 11 20](#) A free, confidential telephone information and support service; also offers support programs and services, resources and an online community